



THE UNIVERSITY of EDINBURGH
School of Health in
Social Science

This is a masters research project by Psychology students at the University of Edinburgh.

We are carrying out a research project to explore experiences of self-harm and service provision amongst adult autistic women in recovery.

We would appreciate your participation in this study if you meet the following requirements:

- Cisgender woman
- Over 25 years old
- Clinically- or self-diagnosed autism without a learning disability
- History of engagement in self-harm within the past 10 years
- But have not engaged in self-harm for at least 12 months
- Have ever accessed or attempted to access services for self-harm in the UK

Participation will involve a strictly confidential interview of up to 90 minutes with questions relating to your experience of self-harm and service provision from your perspective as an autistic woman. This can be in person or online.

If you are interested, please email the research team at:

psychresearch24@gmail.com for more information